

# PLAIN AIR WORKSHOP SUPPLIES

## Basic Colors of Paints:

- Quinacridone Violet or Alizarin Crimson
- Cadmium Red Light
- Winsor Red or Cadmium Red Medium
- Cerulean Blue
- Cobalt Blue
- Ultramarine Blue
- Aurelion or Transparent Yellow
- Lemon Yellow
- Cadmium Yellow Light
- Raw Sienna or Yellow Ochre
- Burnt Sienna
- Hookers Green or Phthalo Green
- Phthalo Blue

## Optional convenience colors I use:

- Quinacridone Gold
- Quinacridone Burnt Orange
- Shadow Green (Made by Holbein only)
- Opera (Made by Holbein only)

Palette (butchers tray or white correlle plate and small plastic tray with mixing wells)

Paper towels, sponge, eraser, tracing paper, H grade pencil, masking tape, masking fluid.

- # 3 to # 5 round (small)
- # 6 to # 12 round (medium)
- # 14 to # 20 round (large)
- Flat wash brush about 2" wide

## Masking Fluid

Plastic containers and optional spray bottles

I use 140 lb arches or 200 lb Waterford cold press paper. A watercolor block does not require stretching. You will need some sort of support board for your paper. A spiral pad or single sheet pad works great for color studies and small sketches.

Pencil and sketch pad for studio exercises.

Optional: Easel

For your comfort against the elements: Sunscreen, insect spray, sun hat

## SUPPLY LIST ...Mary Ann Inman

Bring the supplies you have. (i.e., you can substitute any violet blue shade for alizarin crimson or quinacridone violet.) Less is better... you have to carry this stuff!

Starter sets usually include a basic color selection. Too many colors just complicate the difficult task of color mixing. Buy what you can afford. Good brands include American Journey (Cheap Joe's brand), Holbein, M. Graham, Winsor Newton (Cottman is their student grade), Utrecht, Daniel Smith, and Miameri.

You can add to your supplies as you go. One good medium size round brush with a sharp point can be used for almost everything. A flat wash brush can be purchased at Ace hardware.

I use my paint from the tube as I go versus spreading them out onto a palette in wells because I like the moistness. Many other artists work a palette set up like a color wheel. Feel free to work in whatever way you choose.

Quinacridone paints are transparent. Many manufacturers sell quinacridone in sets of five or more. I especially like quinacridone gold, violet, and burnt orange.

I use cheaper paper like Strathmore for test paper or samples but I use Arches for serious painting. Many artists do not stretch 140 lb but I do. I will demonstrate how so you know.

Artists save money by buying from catalog warehouses companies like Dick Blick, Utrecht, Cheap Joe's, Daniel Smith, Art Supply Warehouse, (An Internet search will help you locate them).

If you plan to work outdoors pack lightly and keep things as portable as you can. Look for places to work in the shade and with benches or picnic tables for your own comfort.

Tracing and transfer paper are handy to have on hand. You can plan your composition on the tracing paper and transfer it onto your watercolor paper.